



Aboriginal Family Support Services Newsletter

September - October 2016



Aboriginal Family
Support Services

NOTICE OF SPECIAL GENERAL MEETING OF MEMBERS

The purpose of this
Special General
Meeting of
Members
is to consider and, if
thought fit, pass the
special
resolutions.

Friday 28 October 2016
10.00am – 11.00am
in the Training Room
(Level 1)
AFSS, 134 Waymouth St
Adelaide

A light morning tea will
be provided

Please RSVP to
Trish Laccos
Executive Assistant
(08) 8205 1500 or email
trish.laccos@afss.com.au
by Tuesday 25 October
for catering purposes.

Seasons for Healing supports community members dealing with grief and loss



Seasons for Healing (SFH) is a program that aims to teach participants the skills needed to manage the feelings of grief associated with change, loss and trauma, and to develop strategies for healing pain.

Community Safety and Wellbeing Smithfield team members Joy, Jasila and Arnold ran their first Seasons for Healing program for some AFSS staff members in August.

Not only did it provide the Companions (AFSS CSW facilitators) with a great opportunity to practice what they have learnt but also an opportunity to get to know their colleagues on a safe and deeper level.

Outcomes of SFH include

learning how different people respond to change, loss and grief, exploring their own story and how this relates to the story of the seasons, understanding that it is normal to experience a range of grief reactions, managing feelings and memories and making plans for their self-care in the future.

Continued on page 2

Pictured, from left: Facilitators and participants Cara O'Donnell, Andrew McArdle, Tania Elliott, Arnold Bonilla, Larissa Pilgrim, Lily Stuart, Joy Makepeace, Charmayne Stenhouse and Jasila Jehangir.

The river in the photo depicts the closing ritual of Seasons for Healing that helps to consolidate learning and affirms people's participation in the group.

A message from the CEO

We are experiencing hectic and exciting times here at AFSS with the securing of properties for our new residential houses for the Adelaide metropolitan area.

Recruitment of staff for these extra premises is also well under way; in all we will be employing more than 80 new staff, so as you can imagine the interview process has been both time consuming and demanding. I am pleased to report, however, that the process is almost complete, and we look forward to adding more dedicated and skilled workers to the AFSS team.

I am pleased, as the Chairperson of SNAICCC, to represent the interests of South Australian Aboriginal children and families as Chairperson of the Steering Committee on the implementation of the final report of the Nyland Royal Commission into SA child protection, reporting directly to Cabinet. I am hopeful that there will be positive outcomes that will ensure that children who are unable to live with their families are well cared for and protected from harm right across South Australia.

The Family Matters Working Group in South Australia, in partnership with Child and Family Welfare Association of South Australia, is up and running, meeting regularly under the leadership of Leata Clarke, AFSS' Senior Manager, Regional Services.

The group is looking to appoint a Project Officer to coordinate the state based Family Matters campaign, so if you are interested in playing a role in helping the working group achieve its goals I encourage you to find out more at www.ethicaljobs.com.au/Members/CAFWASA/project-officer--family-matters

Sharron Williams
Chief Executive Officer



Seasons for Healing supports community members dealing with grief and loss

Continued from page 1

As the name implies, the different seasons of the year provide a rich framework on which to base discussions about change and loss. Each season is linked to a particular "task" as theorised by J William Worden:

Accepting the reality of loss

Working through the pain of grief

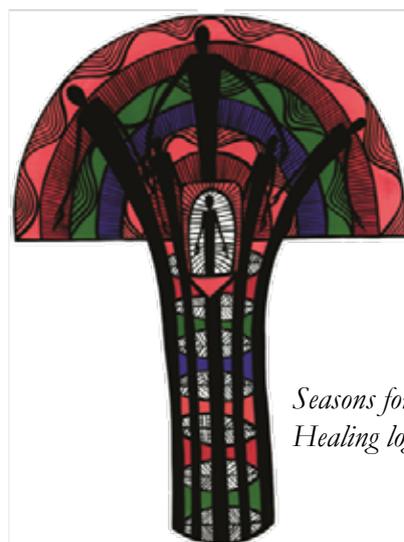
Adjusting to a world in which the important person/object is no longer present

Finding an enduring connection with what has been lost in the midst of embarking on a new life.

So in the season of Autumn, we will be talking about acknowledging the reality of loss or change in life. In winter, we learn about possible grief reactions and how each person has experienced these. In Spring, we learn to develop skills to assist in moving through grief and in Summer we explore ways of moving forward.

The Community Safety and Wellbeing team will start rolling out the SFH program to the community in the near future.

If you would like to find out more, or if you are interested in taking part in the program, please



*Seasons for
Healing logo*

contact your nearest AFSS office (see panel on page 16) or email csn@afss.com.au

Families SA holds foster carer's dinner

In celebration of Foster Carers' week, Families SA held a carers' dinner on 15 September at the National Wine Centre.

Several AFSS carers and staff enjoyed an evening dining and celebrating, in recognition of the amazing job that all carers do.

During the evening, the new statewide "I Choose to Care" campaign was officially launched – a series of commercials which feature some of AFSS' own carers, staff and families.

The commercials have been released in media as part of this campaign, so look out for them on your TV screen.



Pictured above: The stars of the commercials with Minister Susan Close and MC for the evening Amanda Blair.

Metro lunch celebrates our carers

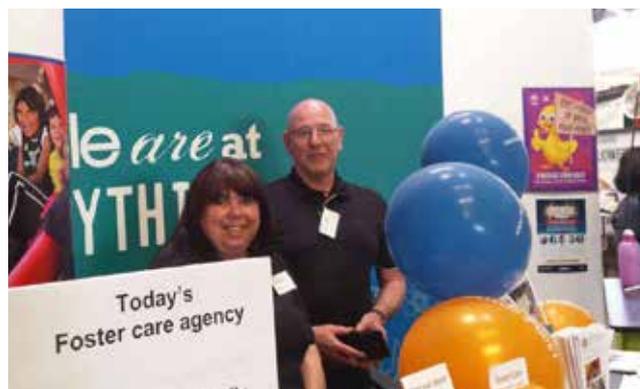
The 2016 annual lunch for AFSS metropolitan foster carers was held at the Adelaide Zoo on 13 September.

Thanks to Judy and her helpers for their hard work in organising the event. Unfortunately the day dawned grey and wet, which kept a number of carers from attending, however bad weather didn't dampen the spirits of those who braved the weather.

Carers and staff enjoyed a barbecue lunch in the pleasant surroundings of the Zoo's Figtree Restaurant.

During the lunch Warren Guppy, Senior Manager Metropolitan Services, thanked carers for the continuing love and support that they provide to the Aboriginal children in their care.

AFSS on show



Pictured above: Becky Matthews and Peter Frankcom at the Royal Adelaide Show foster carers' display.

On Wednesday 7 September members of the AFSS metro Family Based Out of Home Care team attended the Royal Adelaide Show to be part of a foster carer recruitment stand run by the Department of Education and Child Development.

Staff spent the day in the Learning and Education Centre, meeting lots of families and enjoying the program events and presentations for the day.

The day was a success with several families expressing their interest in becoming foster carers with AFSS.

These families have been contacted and are at the beginning stages of the assessment process and we hope to see them join our team of wonderful carers in the near future.



Pictured above: Carers, children and staff enjoy time together at the Carers' Lunch.

A number of children also attended the lunch and as the afternoon weather improved, much to their delight they were able to see the zoo animals.



Coober Pedy Youth Support program is achieving outcomes

The Youth Support program has been working hard with its clients in a number of projects, detailed below.



Youth Advisory Committee

The Youth Advisory Committee has been set up so Youth in Coober Pedy have a say. The committee consists of five Aboriginal and five non-Aboriginal students from Coober Pedy Area School.

The group has come together to showcase reconciliation, develop leadership skills, develop governance skills and build positive teams.

The committee is looking at a number of projects to work on.

The committee is also doing the 10-week Yarn Drum program offered by Red Cross worker Tracey Harris. This about building positive relationships and team building. Great work to all the students!



Education, employment and training pathways

Youth Support Worker, Ish Gunasekara, has been linking with TAFE SA, Complete

Personnel and employers in town to look at possible education, employment and training opportunities for his clients.

Two of the youth justice clients have now enrolled in TAFE and one has sought employment with a motel in Coober Pedy as a tour guide. Well done guys!



Youth community garden

The youth community garden has been developed and maintained by Youth Justice community services clients. The community services clients have been working off their CSO hours, with the added benefit of giving back to community.

They have been learning how to develop and maintain garden beds, what vegetables are appropriate for weather conditions, sustainable vegetable gardens, working as a team, and gaining skills that give them purpose and reduce risky behaviours.



AFSS CHRISTMAS PARTY

Attention metro carers and children!

Join us on
Wednesday 14 December 2016
10.30am – 3.00pm
Marshmallow Park Playground
Glen Osmond Road
Adelaide



Marshmallow Park Playground
is located in Pityarilla Park
Adelaide

There's plenty of room to run around! Swing on the swings, whoosh down the slides, climb on the jungle gyms, say "cheese" for the photo booth.

And after all that fun cool down with an ice-cream!

PLUS a special visit from Santa
and his helpers!



BBQ lunch is provided!



Please RSVP to your Carer Support Worker by
Friday 25 November 2016, advising numbers and
dietary requirements.

Attendance by invitation only.

Please note the care and supervision of children
remains with their carers and families.

Remember to be SunSmart

Thank you to the staff of AGL who made this day possible!

Just for kids



Colouring time!

Colour in this picture of birds and bugs with your favourite colours.



Find all the words in this weather word find.
They are up, down, diagonal and backwards.

Answers on page 14.

T G O S D U O L C A H
 U N S S S W O N S A T
 R I U T K E E N I H D
 B N N O Y E I L U W A
 U T S R N A S N O A R
 L H H M R T D B E A E
 E G I E O E N E I D H
 N I N N R I W U E N T
 C L E Z A E E L A I A
 E S E R E G E B R W E
 D R I Z Z L E E I I W

Word List:

STORM

HAILSTONES

DRIZZLE

THUNDER

SUNSHINE

WEATHER

LIGHTNING

CLOUDS

BLUE

RAIN

RAINBOW

SKY

WIND

SNOW

TURBULENCE

Spot 9 Differences!



Answers on page 15





tips and info for foster carers

bits 'n pieces is designed with our foster carers in mind!

Here you'll find some useful information and news that will help you in your vital role as a carer. We hope you find it interesting and informative.

Dealing with children's behaviours

Behaviours we see in children are really coping mechanisms that children have developed to manage their emotions and the distress that they feel inside. We take a look at some of these behaviours, explain why they are occurring and provide you with tips and information to cope with them. The material is taken from the "Iceberg Model" fact sheets, Families SA.

Sexualised behaviour

Problem sexual behaviour can include the use of age-inappropriate sexual language, watching other adults or children undress or bathe, advanced sexual knowledge, seductive behaviour or clothing, unconscious flirty behaviour, open or prolonged self stimulation, sexual behaviour toward animals, or instigating sexualised activities with younger or more vulnerable young people.

Underneath the surface

For children, normal sexual development generally occurs through imitating, asking questions and through play. When a child's sexual behaviour is private, consensual and not interfering with their development or relationships, it may be regarded as age-appropriate and healthy development. Problem sexual behaviour interferes with the child's physical, social, cognitive and emotional development and when it is abusive to others.

Problem sexual behaviour rarely occurs on its own or in isolation to other events or emotional states. The child who

engages in/displays problem sexual behaviour may do so as a way of coping with their feelings of anxiety or fear, which they may have previously expressed through other "tip of the iceberg" behaviours such as aggression, running, self harm etc. Problem sexual behaviour usually demonstrates that a child's usual coping strategies (whether these have been appropriate or inappropriate) are breaking down. Problem sexual behaviour can initially feel good and reduce feelings of anxiety and provide comfort, but it can lead to further feelings of guilt and anxiety afterwards, as they become confused and stressed and may not understand what engaging in such behaviour means.

Children who display problem sexual behaviour may not have been sexually abused themselves, but may have been exposed to poor sexual boundaries in the family, domestic violence or physical abuse. For children who have been sexually abused, the abuse may have been projected as "love" and the child may believe that sexual behaviour is how love is expressed. It is also likely

that children who have been abused have internalised other very powerful and destructive messages from their abuser. They were probably made to feel worthless and experienced helplessness and a lack of personal space, boundaries and trust. They may have seen contempt, disdain, disgust or even hatred in the eyes of the person who abused them. To avoid this feeling of helplessness, children may use problem sexual behaviour to control and victimise other children. They may also appear less likely to refuse inappropriate sexualised advances of other children due to a lack of adequate boundaries and fear of rejection.

Strategies

Use appropriate language when conversing about problem sexual behaviour. Terminology which reflects the adult context (eg perpetrator, abuser, victim, sex offending) is not helpful when talking with children. Use words that describe behaviour such as "inappropriate", "not okay" or "against the rules" instead of words that judge the person, such as "bad", "misbehaving" or "nasty."

Increased supervision is the most successful strategy for reducing problem sexual behaviour. Supervision reduces the risk of children engaging in problem sexual behaviour but also provides a child with a stable caregiver that can help them regulate their emotions and cope with overwhelming anxiety and fear without resorting to less appropriate coping mechanisms.

Look for risks and triggers.

Triggers are events that set off a generally negative or painful emotion and provoke problematic behaviour. Children need your help to understand the links between their emotions and the resulting problematic behaviour. Risk factors are those circumstances or situations that may contribute to or reinforce the occurrence of the sexual behaviours. Help the child to identify these risky situations or events and develop an agreed preventative plan. Understanding risks and triggers for the occurrence of problem sexual behaviour allows caregivers to minimise the opportunity for future occurrences.

Provide consistency and repeated messages about the behaviours that are acceptable.

Make the message specific and include what they can and can't do. For example, "In our home, our private parts are private" or "in this house, children do not touch breasts/bottoms/etc: we can hold hands." These messages establish a sound structure around sexual behaviour without the caregiver appearing critical or rejecting of the child. Focus on clearly sending the message that such rules/actions are in place because you care about them and want to keep them safe.

Age and developmentally suitable information.

Provide the child with age and developmentally suitable information on appropriate sexual exploration and behaviour. This should be provided on an ongoing basis by a consistent figure.

Observing problem sexual behaviour.

When observing something that is considered problem sexual behaviour, intervene immediately and stop the behaviour by redirecting the child and/or their attention in a calm, matter of fact tone, eg if a child is masturbating in a communal area, state "Billy that is not ok, you need to stop doing that now, we will talk about it later. Right now you can come over and play footy" or "Billy you need to stop that behaviour. It is not acceptable to do this in an area where other people are present. If you want to continue you will need to take yourself to your bedroom".

Discuss the incident in private with the child in a non-blaming way.

Separate out the behaviour from the child and name the behaviour (eg "that kind of touching of other people on their private parts is not okay") and assure the child that they are not in trouble although there may be consequences (eg that they won't be able to sit next to the targeted child).

Encourage the child to talk to you about the incident.

Explain to the child that you would like to know the nature of what happened and who was involved in order to provide the best help. Be supportive and reassuring, build honesty and trust and help the child to make the links between emotional triggers and

behaviours and learn new ways of coping.

Have ongoing conversations with the children around developing strategies for at-risk times.

Provide the child with opportunities and support to report times when they have been the targeted child of problem sexual behaviour, sexualised incidents and provide them with information on self protective behaviour (eg saying no to physical contact with their peers).

Routine and structure.

Continue with routines and structures as they provide security and reassurance to the child.

Model personal and general boundaries and limits to the child.

Be consistent and try not to give mixed messages. Give appropriate opportunities for the child to have safe, positive, physical contact (eg hugs, rough and tumble play) with workers.

We want to hear from you!

Share your news!

If you have any ideas or information that you'd like to share with other carers on these pages, such as things that you've found helpful, special events or activities that have worked well, we'd love to hear from you and publish your story (your identity will be kept confidential if you wish).

Simply write to Grace Nelligan, AFSS, 341 Waymouth Street, Adelaide SA 5000 or email grace.nelligan@afss.com.au.

We look forward to hearing from you!





AFSS has an urgent need for more foster carers

Have you ever thought about becoming a foster carer? Already a foster carer and know other people who might want to be a foster carer? Then please let us know.

There is an urgent need for foster carers across South Australia and if you have ever thought about opening your home up to foster children, now is the time to do something about it. There is a general shortage for all types of foster carers – emergency, respite short term and long term – as the number of children and young people who are removed from family is increasing at a rapid rate.

When children and young people cannot be placed in a family environment with foster carers, they are placed in residential care or, if there are no residential care vacancies, they are placed in rotational care with contract staff.

Every child and young person has the right to be cared for in a loving and nurturing home environment but without your help, we see many of these children and young people placed in these types of care. AFSS Out of Home Care (Family Based Care) programs are located in Adelaide, Ceduna, Coober Pedy, Port Augusta and Port Lincoln. Interested? Then please contact one of our offices to enquire about the process and about how you can become a foster carer.

AFSS carers and staff take centre stage

Families SA has made a series of videos and television spots to promote foster care and highlight the need for foster carers as part of their Choose to Care campaign.

A number of AFSS foster carers and AFSS foster care team member Becky Matthews feature in the promotional videos, so keep your eyes open for them on TV or You Tube!

AFSS metropolitan carer household support

AFSS values the excellent care provided to Aboriginal children and young people by our metropolitan carers.

As a part of maintaining our support of carers, all carer households will have received correspondence from their Support Worker outlining a schedule of home visits up until June 2017. **Didn't receive a letter?** Then please let us know.

At AFSS, we understand that people have very busy lives and caring for additional children and young people just adds to the busy-ness. So to assist in planning, your Support Worker will schedule home visits in advance and confirm these in writing so you can include the dates in your calendar. This will be done in June each year so you have plenty of advance notice.



Aboriginal Family Support Services
Together with the community

AFSS is pleased to offer

Community Safety and Wellbeing

The program is committed to community safety and wellbeing for Aboriginal people across South Australia.

We provide support for you to continue being strong and to develop the skills you need to bring up healthy and well adjusted children who grow up connected to their culture.

These things are important!

- Families being able to work well together, safe from violence and harm
- Children going to school regularly and living in a safe environment
- Families having the skills and knowledge they need to grow, safe in a happy, healthy home

Would you like to get involved?

Contact one of the AFSS offices below to find out more, or to take part in the programs that are already helping to give parents just like you real-life skills to help you grow as a good parent and be of benefit to you, your family and community.

To find out more, or if you would like to take part in the program, please email csw@afss.com.au or contact the AFSS CS&W team at:

Smithfield

39A Anderson Walk
Phone (08) 8254 1077

Port Augusta

8-10 Victoria Pde
Phone (08) 8641 0907

Port Lincoln

3 Gloucester Tce
Phone (08) 8683 1909



Circle of Security - Parenting



Season for Healing



Healthy Homes Resilient Families

AFSS welcomes new team members



Hello my name is **Doraleen Warrior**. I am a Kokatha/Wirangu Aboriginal Woman, I was born at Wudinna on the West Coast.

Sixteen years ago, I received my Certificate IV in Aboriginal Health Work - Clinical, in Alice Springs and I worked at the Central Australian Aboriginal Congress for five years.

My work has taken me to many places including, the APY Lands, Pika Wiya Health Service in Port Augusta, Royal Adelaide Hospital, first as the Aboriginal Liaison Officer, Kangawodli Aboriginal Stepdown in Adelaide, Port Lincoln Aboriginal Health Service, Eyre Peninsula General Practice in Port Lincoln, Country North Medicare Local SA in Port Lincoln, then back to the Royal Adelaide Hospital Burns Unit, Research Assistant with Sydney University and now back in Port Lincoln to work at AFSS, as the Coordinator of Residential Services!

I have two grown-up children and two beautiful grandsons. I have four brothers and three sisters and I must say we are blessed to have our mother and father still with us. I am looking forward to working at AFSS and working will you all.



Barb Falla has recently returned to Adelaide after living and working in the Northern Territory for a number of years. In the NT Barb has worked at Catholiccare and as a Consultant on an Aboriginal Employment Strategy.

Barb has had extensive experience in working with and for Aboriginal people and agencies. Barb has a detailed knowledge of the impact of previous government policies including loss of culture, health issues, loss of language and grief and loss.

Barb has experience in developing and delivering training in cultural awareness and highlights a need to ensure that cultural awareness training reflects cultural differences in, for example, Whyalla as opposed to Adelaide.



Leeanne Witenko has relocated to Adelaide, well Murray Bridge, after spending many years living and working in Coober Pedy.

Leeanne has held various roles including Financial Counsellor (and is a qualified Financial Counsellor), HACC Coordinator, Employment Consultant and as a Case Worker in the AFSS Stronger Families program.

Leeanne is well aware of the cycle and impact of intergenerational grief and loss, dispossession, family violence, alcohol and other drugs and the high rates of incarceration and how they have impacted on communities.

Leeanne also has experience in the development and delivery of training.



Funded through the Gamblers Rehabilitation Fund



ahalsa
Australian Horseracing Authority



Government of South Australia
Department for Communities and Social Inclusion

AFSS Gambling Help Service provides education and support to Aboriginal community members

AFSS Gambling Help Service recognises the need in the community to support Aboriginal people and their significant others, where gambling has become, or could potentially develop into a problem.

The program provides support, education and awareness about how best to help Aboriginal people in regional South Australia with issues around problem gambling.

AFSS recognises that education and awareness are fundamental in supporting Aboriginal people who have gambling problems.



Pictured above: Meet the AGHS team - Norman Giles (Riverland), Bronte Warneke (Murray Bridge) and Charles Jackson, Port Augusta.



This can only be effectively achieved within the broader context of educating families and communities, agencies, clubs and hotels.

We aim to build resilience by:

- Educating individuals about gambling
- Advocating, supporting and referring service users
- Identifying risk factors for clients.

We promote connectedness by:

- Targeting community

services to raise awareness of gambling behaviours and associated risks

- Providing education and awareness for family and friends of gamblers
- Providing support and advice to family and friends of problem gamblers.

We undertake community awareness and education to:

- Increase awareness of AFSS Gambling Help Service to community groups
- Promote culturally appropriate understanding

of gambling to hotels and clubs.

Would you like to find out more?

If you, a significant other or family member have problems with gambling, or know someone who is having problems with gambling, contact AFSS Gambling Help Service for a friendly and confidential chat.

We're just a phone call away. Call:

- Berri, Norman (08) 8582 3192
- Port Augusta, Charles (08) 8641 0907
- Murray Bridge, Bronte 0418 499 649.

And the winners are ...

Congratulations to the AFSS carers who were the winners of the SA Shorts holiday draw, which will be a regular feature on the AFSS calendar to say thank you in some small way to our carers for the amazing role they play in caring for Aboriginal children and young people.

Our October winners are: Adelaide metro Kelly Bray, Ceduna Karen Kelly, Coober Pedy Mary (Christine) McCormack, Port Lincoln Vicki Bradbery, Port Augusta Sue and Matt Ganley. We'll have more news about these fantastic people in the next newsletter.



Coober Pedy happenings



Families SA and AFSS strengthen partnership in Coober Pedy

Families SA and AFSS staff got together to discuss working together better, clearer lines of communication and training opportunities. The get together was very positive and we all look forward to the next one.

ATSI Children's Day – Coober Pedy

AFSS Coober Pedy ran ATSI Children's Day on 4 August at their Coober Pedy office, attended by more than 62 children from Coober Pedy Area School.

It was a great half a day, with the chance to do some dot and rock art painting. Umoona Health workers Trish Turner and Sarah Le Bois joined in the day doing cultural games and providing health information.



Port Augusta office on the move

After many years in the AFSS Commercial Road office Port Augusta, we have moved to 8-10 Victoria Parade.

The new office is large and has been renovated with new carpets, blinds, fresh paint and upgraded security.

There is plenty of secure parking at the rear which can be accessed from either the front or side entrance.

This is the first AFSS location to utilise the National Broadband Network (NBN) for our phone and internet, as Port Augusta is now only serviced by the NBN for new connections.

The move was quite an event, due to the length of time located in Commercial Road. Staff did a fantastic job packing up the old office for removal. Overall it took two days to remove all the furniture, boxes and equipment and set up in the new office.

Thanks to all the Port Augusta staff who helped throughout the transition and maintained continued service to all our clients and interconnected agencies.

Our new address is 8-10 Victoria Parade. Phone numbers and fax details remain the same.

We are confident that our new offices will help us to provide an even better service to our local Port Augusta community members.



Pictured above and below: AFSS' new Port Augusta office is located at 8-10 Victoria Parade.



Carers' Week Port Lincoln

This year in Port Lincoln, Carers' Week was celebrated by enjoying a luncheon at the Marina Hotel on Wednesday 14 September, in partnership with CentaCare and Families SA Kinship.

Around 45 carers attended, and although it was a bit cold sitting in the Alfresco area, the two-course meal was enjoyed by all.

This year Carers received a love shaped key ring, engraved with "Thank you for opening your heart and home" and a potted plant. Although this is not nearly enough for their efforts, it was a small token of the agencies' appreciation for everything they do.

Below: Toni-Lee Miller, Angela Fee and Jessica Backman are pictured on the lawn with some of the pot plants which were gifts for the carers.



Circle of Security delivers great outcomes

The AFSS Circle of Security – Parenting (COS-P) program, co-facilitated by AFSS Port Lincoln and Save the Children, provided some great outcomes for participants.

Participant Marlene Wilson believes that everyone who attended gained something from the program, in particular becoming more confident as parents.

"We learnt about listening to your kids and making sure their cup is always full and they're getting everything they need," said Marlene.

The program runs each school term in Port Lincoln and is also delivered across other AFSS regions.

Would you like to find out more?

To find out more you can contact the AFSS Port Lincoln office on 8683 1909, email the Community Safety and Wellbeing team on csn@afss.com.au or contact one of AFSS' offices. Details are on page 16.

We look forward to hearing from you.

Pictured above, from left are: Shana Swadek (Save the Children), Abriah Nelson, Joanne Sansbury, Katie Broome, Larissa Pilgrim (AFSS), Marlene Wilson, Danielle Richardson (Save the Children), Louise Pozzyek holding Lola Pozzyek, Donna Carr (AFSS), Rose Goldstein, Tablia Pozzyek, Hayley Dart (Save the Children), Thelma Nelson and Sheliab Nelson.

Photo courtesy of Port Lincoln Times

Just for kids puzzle answers

T	G	O	S	D	U	O	L	C	A	H
U	N	S	S	S	W	O	N	S	A	T
R	I	U	T	K	E	E	N	I	H	D
B	N	N	O	Y	E	I	L	U	W	A
U	T	S	R	N	A	S	N	O	A	R
L	H	H	M	R	T	D	B	E	A	E
E	G	I	E	O	E	N	E	I	D	H
N	I	N	N	R	I	W	U	E	N	T
C	L	E	Z	A	E	E	L	A	I	A
E	S	E	R	E	G	E	B	R	W	E
D	R	I	Z	Z	L	E	E	I	I	W





Where to find us

Adelaide

134 Waymouth Street
Adelaide SA 5000
Phone (08) 8205 1500

Berri

23 Denny Street
Berri SA 5343
Phone (08) 8582 3192

Smithfield

39a Anderson Walk,
Smithfield SA 5114
Phone (08) 8254 1077

Ceduna

28 Poynton Street
Ceduna SA 5690
Phone: (08) 8625 3466

Coober Pedy

Lot 1991 Aylett Street
Coober Pedy SA 5723
Phone (08) 8672 3066

Murray Bridge

C/- ALRM Inc
27 Beatty Terrace
Murray Bridge SA 5254
Phone 0418 499 649

Port Augusta

8-10 Victoria Parade
Port Augusta SA 5700
Phone (08) 8641 0907

Port Lincoln

3 Gloucester Terrace
Port Lincoln SA 5606
Phone (08) 8683 1909

Cultural competence a priority for AFSS foster carers



Above: AFSS' cultural awareness and competency training was held recently in Ceduna.

Ongoing training is a vital tool which ensures that we deliver excellent service to Aboriginal children and families.

An important component of training is cultural competence, which ensures that our foster carers, both Aboriginal and non-Aboriginal alike, have a sound understanding of the historical and current impacts of colonisation on Aboriginal people of all ages.

Cultural competency training provides a solid foundation for carers, helping them to understand the issues that impact upon Aboriginal people on a daily basis, to ensure that we are able

to work with Aboriginal children and families with sensitivity and understanding.

The training is provided across all AFSS regions. The next session for foster carers will be held on November 24 for the metropolitan region, to be held at AFSS Head Office, 134 Waymouth Street, Adelaide.

The session will run for a full day and be conducted by respected Narungga elder, Tauto Sansbury, through his consultancy, Garridja. Carers are asked to register their attendance by phoning 8205 1500.

Places are filling fast, so make sure you don't miss out.



Strong children strong community

Stand with us – become a carer

Aboriginal Family Support Services is looking for family based carers who are committed to providing safe and culturally appropriate homes for children in need.

You can be single or a couple, with or without children. And whether you're willing to provide emergency, short term, respite or long term care, we'd love to hear from you!

Contact:

Adelaide Judy Spooner judy.spooner@afss.com.au (08) 8205 1500
Ceduna Michelle Naylor michelle.naylor@afss.com.au (08) 8625 3466
Coober Pedy Donna Dixon donna.dixon@afss.com.au (08) 8672 3066
Port Augusta Marie Skipworth marie.skipworth@afss.com.au (08) 8641 0907
Port Lincoln Toni-Lee Miller toni-lee.miller@afss.com.au (08) 8683 1909



Aboriginal Family Support Services Inc
Together with the community